

TEAMWORK FROM JACKASS

Leader's Guide

Team Workout Purpose

1. Use the video as a metaphor to create great dialogue about how the team operates.
2. Create and/or continue behaviors that create the team you truly want.



Mental Workout

A willingness to explore our behavior is a big part of this warmup. This makes it fun AND a great workout.



Spiritual Workout

Challenging WHY we do something may reveal a deep belief or the reality that a long behavior is meaningless.

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Steps:

1. Review the questions below and decide which ones you most like and the direction you want to go.
2. Show the group the video on the DIY Team Center or use the PowerPoint presentation that you can download. Make sure you watch it first.
3. Create a dialogue around how to become a true team.

Notes:

- This video can be a hot button issue for people. Some will see it as animal cruelty, because it is. An animal is being hurt to make them angry for amusement.
- The video also works because it is funny. These guys get the crap kicked out of them.
- The language in the video is very strong. It may offend someone. Be sure to let everyone know there is some offensive language.

Sample Questions:

- How people are interdependent and independent at the same time?
- The 'bull' is real too. What is the bull represent for us?
- Everything is okay, until it isn't. What do WE do in crisis?
- At what point do I, as an individual, only care for myself and forget the team?
- When the guy says 'hang on a minute' and the other says 'the bull isn't going to wait' (paraphrasing), how does that relate to how we work? (here, I am looking for process flow, project management, interdependence - when someone is out sick, goes on vacation, etc. does everything stop? How is is handled?)

Wrap up conversation with:

- a. One current behavior you want to do more.
- b. One new behavior you want to begin.